

DAILY UPDATE

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SANDY'S DAILY MESSAGE

We have arrived at half term. I can honestly say this has been one of the strangest times in the whole of my career.

As a school we have had so many issues to contend with and problems to overcome - but we have managed to face everything that has been thrown our way and I can truly say I think we have done pretty well! I know that the reason for this is due to the fantastic staff team I have around me. I never take any of them for granted and value their commitment and dedication to the school.

Thank you to those parents who have already returned their audits. We will be assessing these responses and updating everyone as to the increase in spaces, during the week commencing 1st June, with the changes taking effect from the following week (8th June).

Sandy

ACTIVITIES / LINKS THAT MIGHT BE HELPFUL

We are pleased to advise that our 'video on demand' service has been up dated with more videos which can be accessed from the Home Learning page on the website.

The password is ***** and you are advised to press F5 to refresh the page if you can't see the video straight away. (This sometimes happens with different operating systems).

For those of you want to participate in Laura's yoga session, you are advised to follow the guidance notes first:

<https://linkprim.org.uk/parents/home-learning/>

Michelle has added a fun video onto her Youtube channel - this time she is disco dancing!! Do take a look, it's all very colourful and sensory! Here is a direct link to that particular video, which we think many of the children will enjoy:

<https://youtu.be/qOyJLhpXF9w>

Olga has sent in another fun activity to try out - this time she is suggesting camping under the stars in your garden!

She and her children camped out on their trampoline and she said it was great fun.



For those of you who wanted to extend the activity, why not try cooking bread on a stick on a campfire!

Just take:

500g self-raising flour
3tbsp sugar,
300-500ml water or milk.

You will also need a spoon, a pot and some clean branches.

Mix the ingredients, knead the dough
.Take a small handful of dough and roll into a long sausage.
Twist the dough around the branch and put the stick over the campfire.

When it's golden brown (after approximately 10 minutes) then just enjoy!

For those of our pupils that enjoy Pokemon and a good site for them to explore is www.pokemon.com. With games, videos and crafts, it could provide some interest for them.

WHAT'S EVERYONE BEEN UP TO?

Our weekly OT newsletter is proving to be very popular. Here is Alfie completing some of his tasks that were set for Beech Class. Our thanks to Emma and the OT team for compiling this every week.



Sophie from Beech Class has been sowing seeds with her Dad, George. Keep us updated Sophie!



MENTAL HEALTH AWARENESS WEEK LINKING ACTS OF KINDNESS

Janice would like to mention **Maegan**, who was really **kind and helpful** today. On their way to the pool, the staff forgot the swimming bags, but Maegan noticed their error, knew the routine and how they usually plan ahead and promptly went back to class, collected everything and returned and put them all exactly where they should be. Well done Maegan!

Jo Raffaitin sent in her thanks and said they are so grateful for all the work we are doing to keep everyone connected. It's wonderful how we keep everyone in touch.

Rebecca, our Engagement Teacher been reading all our acts of kindness with interest and it got her thinking about the **kindnesses** in the actions of 'mending' and 'altering'. She has been enjoying hand sewing whilst altering some of her trousers. She has also been darning 'invisibly mending' some trainer socks for someone else, whose long big toenails made holes in them.

She said it felt very absorbing and cheering to do, involving lots of little decisions and actions which led towards satisfying outcomes,

both practical and creative. Both jobs took a long time and helped me 'tune out' troublesome ruminations in late March. She even liked the funny side of all that minute attention. 'Fancy being prepared to mend this old trainer'.

It made her think of that old saying, 'make do and mend' and that new trend 'up-cycling'. She is now thinking about what else could she can stitch to renew or transform?

She feels this strange time has brought a layered response in us all. What started in a kind of shock that freezes action, moved into a place where time has a different quality and long set aside tasks and interests can be attended to.

Sometimes she has been able to take action on decisions with a better focus than usual. Other times she has felt overwhelmed.

Perhaps mending, rearranging and making anew can be kindnesses to ourselves and each other? A practical and pleasing outcome is a problem solved and engaging creatively is crucial to well-being.

Rebecca closed her message to us with the following thought:

"Make do, and mend mindfully
and with love. Chin up everyone!
We've got this! X"