

DAILY UPDATE

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SANDY'S DAILY MESSAGE

Today marks the 200th anniversary of Florence Nightingale's birth. She had to fight to make her mark as a nurse and a healthcare reformer and although she is remembered mainly as a carer, she was responsible for revolutionising nursing and transforming chaotic, unclean hospitals.

The nursing school she established at St. Thomas' Hospital in 1860 with funds raised from members of the public to honour her work in the Crimean War is still running today as a faculty at King's College, London.

Florence's achievements resonate with us today more than ever. With doctors and nurses fighting the corona virus, it seems appropriate that the new field hospitals around the country have been named NHS Nightingale Hospitals.

Sandy

ACTIVITIES / LINKS THAT MIGHT BE HELPFUL

Puneet has sent in an 'Underwater Activity Scene' booklet that may appeal to some of the pupils in Acorn. However, it could also be of particular interest to Beech and Willow pupils, as their topic this term is 'Water, Water, Everywhere'. Please find it attached.

The Mental Health Foundation have decided that the focus of this year's Mental Health Awareness Week (18th - 22nd May) is "**Kindness**".

What a lovely focus and next week, we would like to devote a section of our daily update to sharing acts of kindness - be it kindness that has been shown to us; how we have been kind ourselves or how we have shown kindness to others.

As usual, please send in any contributions to Sue R.

WHAT'S EVERYONE BEEN UP TO?



Olivia was busy over the weekend making her Mum a Birthday cake. Her chocolate cake was light, fluffy and very well received by neighbours, who shared Jo's cake and birthday celebrations on VE Day. Belated birthday wishes from everyone at The Link Jo!

making her own breakfast every morning. It won't be long before she can reach the top kitchen cupboards without having to climb on a safety stool!



Alfie is also getting very helpful around the house. Here he is washing up his cup by himself. He was spurred on to do this, as it was a suggested activity in his last OT weekly newsletter. Kim is hoping it will lead to big and better items!

Until tomorrow



Udi is becoming more grown up and independent every day. She is now

