

E-safety guidance

We live in a digital world it is widely accepted that children now are surrounded by technology and therefore the risks, danger and harm related to online activity is greatly increasing.

There are 4 key risks that children may face whilst online.

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| Content | The content that children are exposed to |
| Contact | The relationships and interactions that children have online including grooming, bullying and threats/intimidation |
| Conduct | The behaviour that children display online themselves including bullying, sexualised behaviours or becoming a victim |
| Commercialism | Advertising, marketing schemes and hidden costs associated with online content |

- All children will face at least 2 of these risks no matter what level of development they are at – content and commercialism.
- From our explorers level most of our pupils are at risk of all 4 c's due to their interactions with the machines and other people.

At school

At school we spend a lot of time in our ICT sessions

- Teaching pupils to be able to make choices
- Teaching pupils how to make the correct choice
- Teaching pupils how to control hardware correctly
- Teaching pupils to control programs correctly
- Teaching pupils to communicate about their ICT use and choices

All this before we even mention staying safe online to the pupils! Empowering our pupils to have a choice and say no if it doesn't feel right.

Staying safe at home

Whilst the children are at home for this longer than normal period they are potentially going to be online a lot more and the risks increase. What can you do to help?

Here are some suggestions:

1. Talking to your child especially discussing how people we meet online should be treated as strangers just like in real life and should not be giving out any personal details.
2. Getting involved in their online activity
3. Developing understanding of habits and behaviours children display online
4. To help you to find out how to be able to be safe and smart whilst using the Internet, the following websites will help

www.childnet.com/kia

www.thinkuknow.co.uk

www.kidsmart.org.uk

All of these sites provide advice for both children and adults, as well as advice to parents and carers on how to help the children with safe and positive use of the Internet.

5. Make sure all of your devices are up to date with antivirus software
6. Remember too much screen time can also lead to difficulties in sleeping, anxiety and affect routines.

Are you worried about online sexual abuse or the way someone has been communicating with you/your child online?

[Make a report](#) to one of CEOP's Child Protection Advisors

www.ceop.police.uk