

DAILY UPDATE

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SANDY'S DAILY MESSAGE

Day 3 into the period of lockdown across the country.

The Department of Education send an update on a daily basis and they have asked that we share some of the points from yesterday's briefing.

The measures that the government introduced on Monday, 23rd March must be complied with, if we wish to stop the spread of this virus.

Every citizen must comply with these new measures. The relevant authorities, including the police will be given powers to enforce them, including dispersing gatherings and issuing fines.

The three measures are:

1. Requiring people to stay at home, except for very limited purposes

2. Closing non-essential shops and community spaces
3. Stopping all gatherings of more than two people in public

These measures are effective immediately. The Government will look again at these measures in three weeks, and relax them if the evidence shows this is possible.

I truly hope that everyone adheres to these measures and that we return to normal as soon as we can.

It's good to hear that our daily update is providing a form of contact between the whole of The Link community, if you have anything you'd like to share, just send it to Sue R in the office.

As always, a reminder that the office is manned from 8.30am until 4.00pm, so if you need any advice, do not hesitate to contact us and we will offer help and support.

We also have an emergency mobile number that can be used - 07436 364907.

SCAM DOING THE ROUNDS

We have been alerted by OHCAT that some parents are being encouraged by external, fraudulent companies to share their bank details with them in order that they can claim for their child's free school meals. **Please do not share your bank details with anyone whose email address you do not recognize.** If you are in any doubt, always contact the school office.

ACTIVITIES / LINKS THAT MIGHT BE HELPFUL

Lots of you have been telling us about the live zoo web cams, but the one that seems very popular amongst the children is the Tiger Cam at Edinburgh Zoo:



[Live Tiger Cam | RZSS Edinburgh Zoo | Edinburgh Zoo](#)

With exercise being key to a healthy body and mind, Carolyn our OT has devised some activities to be enjoyed at home. **Please find attached the first of two activity sheets. This one is entitled "I'm late for the train!".** We hope you enjoy trying to catch that train!

It was lovely to hear from Aaron and his Mum, who sent us this lovely photo. Aaron always makes pizza with Sue C on Tuesdays and he has carried this on at home with his Mum. It was so nice to hear this and it tickled our tastebuds when we saw that pizza!



The school has joined in with the craze that is happening all over the world and today, we have displayed paintings of rainbows in our school windows. They have already drawn happy gasps from a number of little children out for their daily walk with their parents. Why not do one at home?

